

## **The Othona Community in November 2020.**

Don't look back.....to November 2019 when the world was jostling around the shops and fetes together, preparing for a hugging, kissing Christmas with friends and relatives from far and wide.

Look forward.....to the best possible Winter Time we can make it – together.

I remember a very down-to-earth but inspirational week of lectures at Othona by Horace Dammers, founder of the Lifestyle Movement: “Live Simply, that All of us may Simply Live.” Down to earth – he spoke of spiritual revelations that came to him while weeding the cabbage patch! Inspirational: as well as sharing with us the ways to a simple and sustainable lifestyle for all, he shared some of his insights. He distinguished being alone and isolated, without the companionship you desire – as differing from the enjoyment of reflective, positive solitude with the spiritual comfort that you desire. At Othona we seek to offer the second of these. We are here, whether physically open or not, to be a place for those who do not choose to be isolated. We are here for all who wish to share a peaceful, positive realisation that Community is not anchored in one place but is in the hearts and minds of us all. We come together through speaking, writing, even painting, drawing – or maybe joining one of the Virtual Activities that are offered through our Othona Bradwell Website and mailings – or try the Othona West Dorset site for a change! The Community is made up of all who feel they are part of it, all are welcome to share our website, telephone or email – or join us through Facebook.

Othona would love to ask you to join us for the November Programme, the planned Film Week, Famous Fireworks, Winter Watch and the Advent Weekend – but as things stand with Cv19 it seems unlikely these will be held as planned, although we are currently open for a limited number of residents and local day visitors, do look at the Website or ring for updates.

Othona Bradwell is now offering you a **Paycation**.....like a vacation, but you pay for a day or two's imaginary holiday with your Othona friends, to support the Community you love, according to your means. Only with generosity like this will Othona be able to survive and thrive. Details and opportunities to donate are on the website.

All are welcome, please remember to book first, even if you are just popping in, to comply with Covid regulations.

Tim Fox is Warden/Manager, with Debbie and Richard Sanders. Want to visit?–See Website [www.othonaessex.org.uk](http://www.othonaessex.org.uk) - then ring Othona at Bradwell (it's down East End Rd and through East Hall Farm) on 01621 776564. Free Parking for all visitors to Othona–just ask for an exit token to leave through our wind-powered gate.