### 25th February 2021 Session 1- Plan

#### Introduction

### Collect for the first week of Lent

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever. Amen.

# **Pre Video Questions breakout groups**

- When you think about modern slavery, do you picture the victims to be male or female? British or international? Young or old?
- How would you define modern slavery? Do you think it is something you find mainly in big cities, towns or the countryside?
- Why do you think women and girls are particularly vulnerable to becoming victims of modern slavery and exploitation?
- Do you think there are any misconceptions or prejudices that may make us less aware of women and girls as potential victims of modern slavery?

## Video

# Post Video Questions in breakout groups

- What struck you from the film?
- Did anything you heard surprise you?
- What inspired you?
- What questions does it leave you with?

How can Harriet Monsell's example of prayer – practical action – partnership form a framework for The Othona Community today?

How will it help us see more clearly, act more effectively and embrace others more directly?

### **Bible Reading**

### Luke 4

14 Jesus returned to Galilee in the power of the Spirit, and news about him spread through the whole countryside. 15 He was teaching in their synagogues, and everyone praised him.

16 He went to Nazareth, where he had been brought up, and on the Sabbath day he went into the synagogue, as was his custom. He stood up to read, 17 and the scroll of the prophet Isaiah was handed to him. Unrolling it, he found the place where it is written:

18

"The Spirit of the Lord is on me,

because he has anointed me

to proclaim good news to the poor.

He has sent me to proclaim freedom for the prisoners

and recovery of sight for the blind,

to set the oppressed free,

19

to proclaim the year of the Lord's favor." [1]

20 Then he rolled up the scroll, gave it back to the attendant and sat down. The eyes of everyone in the synagogue were fastened on him. 21 He began by saying to them, "Today this scripture is fulfilled in your hearing."

## Discussion as one group

How can Harriet Monsell's example of prayer – practical action – partnership form a framework for The Othona Community today?

How will it help us see more clearly, act more effectively and embrace others more directly?

## **Prayer and The Grace**

Holy God, thank you for the light of Jesus to illuminate our ways and inspire our actions. Help us learn to live more fully by His light, so that we may perceive our sisters and brothers who suffer in the shadows and seek to share your love.

We pray in Jesus' name. Amen

# The Grace

May the grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with us all ever more. Amen