# My trip to Othona



# Dear Diary!

#### One week before the trip.

I'm quite scared thinking about going to Othona. A whole two days away from home! But ... I really need this ... I really do ... but a WHOLE two days... Will it be ok? What will it be like? How will I feel? How will I cope? I have to go, this is the only holiday I am going to have.

### Day one.

I'm here I'm really here! I can't believe it! Wow it's beautiful! So relaxing! And soooo quiet! I feel so happy and peaceful. As soon as I put one foot into this place I felt peace. I chose a Yurt. They are cold but comfy! They are setting up a yummy lunch for us now! It is simple food but still nice. I liked it! It's good not to eat take away eh!

It rained a bit, everyone went in and played games and did art, but I enjoyed having a cuddle with the dogs outside. I just sat staring out at the nature, watching the birds. You know what ... I sat still for over 30 mins!

Later, we celebrated Nishi's birthday with cake and fizz which everyone enjoyed. Happy birthday, Nishi!

Late that night we heard a strange screeching and scratching... we froze and looked at each other ... "surprise! Did we scare you?" In burst our friends! Yes you did! We all laughed, in sheer relief more than anything! Then we all snuggled up round the cosy log fire for a proper girly chat! It was so nice to be with my friends.





#### Day Three

Ah BBQ on the beach, delicious! We were so lucky with the sun too. The sea was so far away though, but a lovely view all the same. I picked a whole load of Samphire to take home too! (Along with the sloes and apples!)

#### Day Two

We walked on the beach today, really relaxing. I felt at ease with everything. I'm having a wonderful time I'm wishing it would last forever!



Well I am glad to get home now but sad to say goodbye to Othona. I can't thank Survivors Together enough - I really needed that! Well one last hug to all my friends, who I have become so close to now.

Thank you for all the organising and hard work! Thank you to everyone that made it a wonderful experience.

I made this fictional diary based on some of the experiences of the trip but have included actual quotes (said and written).

Gema Alethea Newby

Mark drove us to Malden. We are so lucky, Never been there before! "YA CHARITY SHOPS! WOO HOO!" It is a nice place, the marina is beautiful. Helen knows this place it's like her local shops, she's lucky then! We saw a cat sleeping in a shop window. The cat did not even live there she just wandered in! How great is that!





## **Survivors Together**

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